



Caring for God's House - Together

We are the current stewards of this church building. In that role we believe it is important to share this sacred space with other groups who have similar ministries to the Rio Rancho community.



Capital News

Today we'll introduce you to **Share Your Care**. For those who were in the congregation before 2010, you'll remember all of the improvements we made to the church in order for this group to come aboard. Church leadership found it very worthwhile to form a partnership with SYC, like sharing the costs of those improvements. Plus some of our folks have found SYC services very beneficial for their families. SYC uses the classrooms, fellowship hall and has an on site office.

Share Your Care at Rio Rancho Presbyterian Church --- Share Your Care (SYC) is a non-profit adult day service, the largest day service in New Mexico and internationally recognized as being one of the first adult day services to receive Accreditation from The Commission for Rehabilitation Facilities (CARF). Although it uses facilities at 2 churches, it

is not church affiliated.

Share Your care provides adult day services at seven different locations across the state. The hours are 8am-4pm Monday-Friday. The Rio Rancho Presbyterian Church program opened in March 2010. Some families of RRPC church have participated in the program. All of our sites, the four city sites, Ponderosa, Rio Rancho, and Gallup, provide a "Respite" program for our Elderly, which are designed for older frail adults and those with Alzheimer's and related dementias. The Rio Rancho Presbyterian Church and St Andrew's Presbyterian Church sites also provide separate programs for adults with disabilities, including functionally and mentally impaired persons 18 years and older.

SYC's mission is "to provide quality adult day services as an alternative to institutional care." Our stated values are "Respect, Dignity, Courtesy and Compassion." The staff to client ratio usually is a 5:1 ratio. However, depending on the program or client it can be different. Staff are trained in CPR/First Aid and additional trainings are implemented as required by the state.

We provide continuous supervision, nutritious snacks, and meals at certain sites. Therapeutic, social, and recreational activities are offered. Outings are on hold at our Respite sites due to the Pandemic, however, restrictions are being lifted slowly and clients should be able to enjoy community interaction soon. There are affordable prices with access to funding sources. Approximately 20 clients use RRPC with 11-15 on a typical day.

To enroll at Share Your Care, the most important paperwork to start with is a Physician's form. This needs to be filled out by their Physician. This includes a diagnosis, diet, and medication. To qualify for the Respite program, the individual must be able to bear weight and pivot their weight. The individuals can be in program for as long as they meet the criteria. An intake is scheduled, and the paperwork is complete. Individuals may come one day or up to five days depending on their needs. In the beginning, hours of attendance are limited until the individual has adjusted to program. We would not want the individual to be set up for failure.

Share Your Care is closed for nine holidays. There are times when we close due to weather, also. Caregivers are notified when this happens.

The Respite program reopened in June 2021. However, our Adults with Disabilities program in Rio Rancho has not been able to open, due to staff shortage, which requires a background check. For additional information please contact Share Your Care at 505-8967-9025 ext. 28. Joan Bergeron is on-site director.

According to the SYC website ----

The goals of Share Your Care are:

- *To enhance and/or maintain the level of functioning of the individuals served.*
- *To decrease abuse, neglect and exploitation of vulnerable populations.*
- *To prevent inappropriate and premature institutionalization.*
- *To provide respite and support to care givers in order to maintain family units.*
- *To provide programming based upon client, care giver, and community input.*
- *To brighten the lives of seniors and adults with disabilities.*

And the need for Share Your Care is:

Adult Day Services has a proven record of being one of the most cost effective programs, providing quality with the safest long term care options.

There is a significant need for Adult Day Services in our community. Adult Day Services are proven to prevent premature institutionalization by offering caregivers respite, and thus maintaining the family unit. SYC services postpone institutionalization for an average of two years. The National Family Care Givers Association fact sheet states, "More persons enter nursing homes, because of care giver burn-out than because of a worsening of their condition."

In God's Service,

Capital Campaign Committee

Rio Rancho Presbyterian Church

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